

December 2011 – Last Kick At The Can.

This expression refers to a North American children's game that combines hide and seek and tag. A can is placed in the middle of an open space (a green, a common, a park, a parking lot) and all but one child hides. The remaining child is 'it' – the one who covers their eyes while everyone else hides and then tries to find and 'tag' each of the other children. If a child is tagged (caught and touched), they go to jail (just a designated place near the can) until the game ends or they are freed. A hidden child can remain free (and therefore not be 'it' in the next round) by running out from their hiding spot before being tagged and kicking the can. Successfully kicking the can also frees one of the children in the jail, they then hide again. The goal is for the hiders to remain free and free as many of the others as possible so the game lasts a long time.

Now you have a potentially new game to teach your children but why else did I share this expression?

You have a last kick at the can for 2011. As the year starts to draw to a close – 11 months gone, 1 month left. Conversely, 26 days left which is a lot for a prematurely born baby or an eternity for the mayfly which has a life span of as little as 5 minutes. Remember back to January 2011, it seemed like a clean slate with so many possibilities. Remember some of those possibilities – what did you want to do, accomplish, be?

This is your opportunity to take a kick at the can for 2011 – come out of hiding and release or free as much potential as you want. There is no do-over for 2011, once gone it cannot be reclaimed.

One of my goals for 2011 was to have fun, do things I liked whether or not I knew people, had friends or found anyone who wanted to join me in the activity. I am happy to say that I have had fun and also been fun – it's not just something I am doing, it is also a part of my being. And the fun doesn't stop waiting for 2012 as there are still 26 days to enjoy. I have a concert I am really looking forward to that I booked back in February. I have a Christmas party. I have a drinks social. I am taking an Indian curry cooking course. I am participating in a book club. Yes I still have work to do, gifts to buy, presents to wrap, cards to write, queues to line up in, bills to pay and deadlines to meet – and my intention is to have as much fun as possible doing those things too.

What do you want to take a last kick at the can for in 2011? What will you come out of hiding to accomplish, have, do or be?

Live your potential

Anne Taylor
Certified Professional Co-Active Coach
DIRECTIONS – Coaching for Results
www.taynac.com/directions
coachanne@taynac.com

© 2011 Anne Taylor